

We are also putting together a resource guide of state wide business that would donate or discount their services to include the following: lawn care, heating and air conditioning, house cleaning, spa services such as manicure, pedicure, massages, hair (wigs) and make-up as well as volunteers who would assist with picking up groceries or prescription, transportation, pet caretaker, run errands, etc. If you know someone in your area that would like to participate in our program, please have them contact any of the above committee members.

Please do not hesitate to contact Chairman Jay Tucker (fittest20@aol.com) if you know of someone in your or another department who would benefit from the services that can be provided by the MSFA Cancer Support Network Committee. (All interactions of the committee are kept in the strictest confidence.)



For more information, visit MSFA website at www.msfa.org

Cancer Support Network Resource Tool Kits

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

In Honor of: _____

In Memory of: _____

Donation: _____

*Thank you in advance
for your support of this
invaluable resource.*

Maryland State Firemen's Association



**H.O.P.E. – Helping Others with
Positive Effects**

**Cancer Support
Network**

Email:
cancersupportnetwork@msfa.org

Mission Statement

The Mission of the Maryland State Firemen's Association Cancer Support Network is to help Volunteer Fire, Rescue and Emergency Services personnel and their families who are dealing with cancer by providing them with positive efforts through support as well as to share with them the resources needed to be a survivor.

Committee Members:

Chairman Jay Tucker
Vice Chairman Flo Collins
Vice Chairman Jean Parsons

Teresa Ann Crisman
Tom Diem
Chris Hyzer
Susan Mott
Jackie Olson
Marcia Roth
Dorothy Rue
Mary Lee Smith
Richard Smith
Beth Stone
Donna Struntz
Marianne Warehime
FCSN Liaison: Trey Kelso

Our History.....

A few years ago, while attending the Fire Expo in Baltimore, President Lewis stopped by the Firefighter Cancer Network booth, which is based in California. President Lewis was very impressed with their mission and decided this was something that could benefit the members of MSFA.

Last summer President Lewis approached Beth Stone about his vision and asked if she would be interested in chairing this new committee of the MSFA. Being a cancer survivor, she thought it would be fulfilling to start this committee and facilitate assistance for the Fire, Rescue and EMS personnel of the member companies of the MSFA. Hence, the **MSFA Cancer Support Network Committee** was born in 2011. The committee consists of those currently dealing with cancer, cancer survivors and caregivers.

Support is offered to those fighting this disease by matching them with someone who has dealt with the particular type of cancer they are experiencing and by providing a "Resource Kit" which includes items the committee feels the recipient would find useful such as journals, crossword puzzle books, calendar/appointment books, snacks, and informational/resource pamphlets.

The committee members can also offer support to caregivers by matching them with other caregivers. Sometimes all it takes is to talk to someone who has experienced similar circumstances, be it family member, friend or committee member.

How can you help?.....

The MSFA Cancer Support Network is trying to raise awareness and funds for Maryland Volunteer Fire, Rescue and Emergency Medical Services personnel who are facing the battle with cancer. The Resource Kit is a way for the patient/support person or family to keep track of all medical information, such as appointments, medications, doctor's information, etc. Also, included in this Resource kit is a journal and other important trinkets that will help keep the patient's information at their finger tips.

If you would like to sponsor a MSFA Cancer Support Network Resource Kit, please complete the information provided in this brochure and make a donation (estimated cost \$50) to MSFA; please note in the memo field: Resource Kit) and send them to: Jay Tucker, 14207 Rectory Lane, Upper Marlboro, Maryland 20772